

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Heritage Manor January 2022

Tevet – Shevat 5782

Shabbat
9:30 Services

New Years Day

	2	Beauty Shop	3		4	10:30 Exercise / Z Words 11:15 Librarian Visits	5	10:30 Exercise / Zebras & Zingers	6	Beauty Shop 10:30 Exercise / Elvis Songs	7	Shabbat 9:30 Services	8
1:30 Bingo 1-1 Visits		10:00 Christian Bible Study 1:30 Bingo 1-1 Visits		1:30 Bingo 1-1 Visits		1:30 Bingo 1-1 Visits		1:30 Bingo 1-1 Visits		4:00 Religious Services 1-1 Visits		1-1 Visits	
	9	Beauty Shop	10		11	10:30 Exercise / Reading Group	12	10:00 Exercise / Travelogue – Zambia	13	Beauty Shop 10:30 Exercise / Musical Trivia	14	Shabbat 9:30 Services	15
1:30 Bingo 1-1 Visits		10:00 Christian Bible Study 2:00 Bingo 1-1 Visits		2:00 Bingo 1-1 Visits		1:30 Bingo 1-1 Visits		1-1 Visits		4:00 Religious Services 1-1 Visits		1-1 Visits	
	16	Tu B'Shevat Martin Luther King Day Beauty Shop	17		18	10:30 Exercise / Zig, Zag, Zoom Game	19	10:30 Exercise / Zoro	20	Beauty Shop 11:00 Resident Council Meeting	21	Shabbat 9:30 Services	22
2:00 Music with Dan Shapira 1-1 Visits		10:00 Christian Bible Study 1:30 Bingo 1-1 Visits		2:00 Bingo 1-1 Visits		1:30 Bingo 1-1 Visits		2:00 Music with Doug James 1-1 Visits		4:00 Religious Services 1-1 Visits		1-1 Visits	
	23	Beauty Shop	24		25	10:30 Exercise / Navigating the Future	26	10:30 Music with Steve Medovich	27	Beauty Shop 10:30 Exercise / Trivia	28	Shabbat 9:30 Services	29
1:30 Bingo 1-1 Visits		10:00 Christian Bible Study 1:30 Bingo 1-1 Visits		1:30 Bingo 1-1 Visits		1:30 Bingo 1-1 Visits		1-1 Visits		4:00 Religious Services 1-1 Visits		1-1 Visits	
	30	Beauty Shop	31	<p>Activity visits are conducted five days each week for all residents. Person centered care is our goal.</p> <p>All Activities are subject to change.</p>									
2:00 Music with Tommy Chris 1-1 Visits		10:00 Christian Bible Study 1:30 Bingo 1-1 Visits											