

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|---|---|
| Heritage Manor Tammuz - Av 5779, August 2019 Activity visits are conducted 5 days per week for residents who are unable or prefer not to attend formal group programs | | | | | | |
| 4 10 a.m. - Exercise 10:30 a.m. - Easy Trivia 1:30 p.m. - Bingo 2:30 p.m. - Ice Cream Social 6:00 p.m. - Movie | 5 10 a.m. - Exercise 10:30 a.m. - Just Saying 1:30 p.m. - Catholic Services 3 p.m. - Christian Bible Study | 6 10 a.m. - Exercise 10:30 a.m. - Easy Puzzles 1:30 p.m. - Bingo 2:30 p.m. - Current Events 3:15 p.m. - Torah Study 5:30 p.m. - Let's Talk | 7 BEAUTY SHOP 10 a.m. - Kickball Exercise 2 p.m. - Painting with Susan 3:15 p.m. - Light House video 5:30 p.m. - Games | 8 BEAUTY SHOP 10 a.m. - Exercise 10:30 a.m. - Picture This 2 p.m. - Music with Betty 3:15 p.m. - National Parks Video | 9 10 a.m. - Exercise 10:30 a.m. - Musical Notes 2 p.m. - Root Beer Floats 4 p.m. - Religious Services 6 p.m. - Movie | 3 9:30 a.m. - Services 10:30 a.m. - Kiddish 6 p.m. - Movie |
| 11 10 a.m. - Exercise 10:30 a.m. - Say It 2:00 p.m. - Music with Diana Sippl 6:00 p.m. - Movie | 12 10 a.m. - Exercise 10:30 a.m. - This or that 11:15 a.m. - Out to Lunch 1:30 p.m. - Catholic Services 3 p.m. - Christian Bible Study | 13 10 a.m. - Exercise 10:30 a.m. - Left Handed Day 1:30 p.m. - Bingo 2:30 p.m. - Current Events 3:15 p.m. - Torah Study 5:30 p.m. - Come Sing with Me | 14 BEAUTY SHOP 10 a.m. - Kickball Exercise 10:30 a.m. - Ferris Wheel/Dog visit 2 p.m. - Golf Day 3:15 p.m. - Music Video 5:30 p.m. - Ball Toss | 15 BEAUTY SHOP 10 a.m. - Exercise 10:30 a.m. - Sand Play 1 p.m. - Things Jewish 2 p.m. - Music with Bobby Remp 3:15 p.m. - Humor Video | 16 10 a.m. - Exercise 10:30 a.m. - Baking Treats 2 p.m. - Resident Council & August Puzzles 4 p.m. - Religious Services 6 p.m. - Movie | 17 9:30 a.m. - Services 10:30 a.m. - Kiddish 1:30 p.m. - Baking with Melissa 2:30 p.m. - Cards 6 p.m. - Movie |
| 18 10 a.m. - Exercise 10:30 a.m. - Finish the Lyric 2:00 p.m. - Music with Dan Shapira 6:00 p.m. - Movie | 19 10 a.m. - Exercise 10:30 a.m. - Fairly Good Food 1:30 p.m. - Catholic Services 3 p.m. - Christian Bible Study | 20 10 a.m. - Exercise 10:30 a.m. - Rhyme Time 1:30 p.m. - Bingo 2:30 p.m. - Current Events 3:15 p.m. - Torah Study 5:30 p.m. - Name that Tune | 21 BEAUTY SHOP 10 a.m. - Kickball Exercise 10:30 a.m. - Honeybees/Dog visit 2 p.m. - Painting with Susan 3:15 p.m. - Nature Video 6 p.m. - Family Fun Night Bingo | 22 BEAUTY SHOP 10 a.m. - Exercise 10:30 a.m. - Sharpen Your Senses 1 p.m. - Things Jewish 2 p.m. - Music with Steve Medovich 3:15 p.m. - Animal Video | 23 10 a.m. - Exercise 10:30 a.m. - Backyard Chickens 2 p.m. - Watermelon Fans 4 p.m. - Religious Services 6 p.m. - Movie | 24 9:30 a.m. - Services 10:30 a.m. - Kiddish 1:30 p.m. - Cooking with Martha 2:30 p.m. - Shoot a Birdie Game 6 p.m. - Movie |
| 25 10 a.m. - Exercise 10:30 a.m. - Reminiscence 2:00 p.m. - Music with Jim Moran 6:00 p.m. - Movie | 26 10 a.m. - Exercise 10:30 a.m. - State Fair Trivia 11:15 a.m. - Out to Lunch 1:30 p.m. - Catholic Services 2 p.m. - Happy Hour 3 p.m. - Christian Bible Study | 27 10 a.m. - Exercise 10:30 a.m. - Kindness Rocks 1:30 p.m. - Bingo 2:30 p.m. - Current Events 3:15 p.m. - Torah Study 5:30 p.m. - Aroma Therapy | 28 BEAUTY SHOP 10 a.m. - Kickball Exercise 10:30 a.m. - Special Art Project 2 p.m. - Indoor Gardening 5:30 p.m. - Trivia | 29 BEAUTY SHOP 10 a.m. - Exercise 10:30 a.m. - Puzzles 1 p.m. - Things Jewish 2 p.m. - Music with Jim Hutchison 3:15 p.m. - Baby Video | 30 10 a.m. - Exercise 10:30 a.m. - Remember Summer 2 p.m. - Travelogue 4 p.m. - Religious Services 6 p.m. - Movie | 31 9:30 a.m. - Services 10:30 a.m. - Kiddish 1:30 p.m. - Baking with Melissa 2:30 p.m. - Family Fued 6 p.m. - Movie |