

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2020

Tevet-Shevat 5780 – Heritage Manor

1
HAPPY NEW YEAR
Movies
9a- "An Affair to Remember"
Solarium I
"When Harry Met Sally"
Solarium II
New Year's Day

2
BEAUTY SHOP
10a – Exercise
10:30a – Picture This
1p- Things Jewish
2p- Sing-A-Long
3:15p- Travelogue Video

3
10a- Exercise
10:30a- Reading Group/Dog Visit
2p- "2020" Craft
4p- Religious Services
6p- Movie

4
9:30a- Services
10:30a- Kiddish
1:30p- Baking with Melissa
2:30p- Butch Cassidy
6p- Movie

5
10a- Exercise
10:30a- Easy Trivia
1:30a- Bingo
2:30p- Ice Cream Social
6p- Movie

6
10a- Exercise
10:30a- Texas Songs
1:30p- Catholic Services
2p- Writing a Diary
3p- Christian Bible Study

7
10a- Exercise
10:30a- Musical Notes
1:30p- Bingo
2:30p- Current Events
3:15p- Torah Study
5:30p- Pick A Song

8
BEAUTY SHOP
10a- Kickball Exercise
10:30a- 7-Eleven/Dog Visit
2p- Painting with Susan
3p- Music with Terry Soroka
5:30p- Games

9
BEAUTY SHOP
10a – Exercise
10:30a – Coffee Time
1:45p- Birthday Party
3:15p- Animal Video

10
10a- Exercise
10:30a- Cattle Ranching
2p- Indoor Gardening
4p- Religious Services
6p- Movie

11
9:30a- Services
10:30a- Kiddish
1:30p- Cooking with Martha
2:30p- Let's Talk
6p- Movie

12
10a- Exercise
10:30a- What's in a Name
2p- Music with Dana Sippl
6p- Movie

13
10a- Exercise
10:30a- Hot Tea Month
1:30p- Catholic Services
2p- Tea Craft
3p- Christian Bible Study

14
10a- Exercise
10:30a- Easy Puzzles
1:30p- Bingo
2:30p- Current Events
3:15p- Torah Study
5:30p- Outburst Game

15
BEAUTY SHOP
10a- Kickball Exercise
10:30a- Cowboy Hats /Dog Visit
2p- Bandana Craft
3:15p- Music Video
5:30p- Ball Toss

16
BEAUTY SHOP
10a – Exercise
10:30a –Kenny Rogers
1p- Things Jewish
3p- Music with Jim Moran
3:15p- Humor Video

17
10a- Exercise
10:30a- Baking Treats
2p- Resident Council Mtg & January Puzzles
4p- Religious Services
6p- Movie

18
9:30a- Services
10:30a- Kiddish
1:30p- Baking with Melissa
2:30p- Star of the Month
6p- Movie

19
10a- Exercise
10:30a- Texas Trivia
Noon- B'NAI B'RITH BRUNCH
2p- Hangman Tournament
6p- Movie
Activity Professionals Week

20
Martin Luther King Jr. Day
10a- Exercise
10:30a- MLK – Special Man
1:30p- Catholic Services
2p- Texas Treats
3p- Christian Bible Study
Martin Luther King Day

21
10a- Exercise
10:30a- What Is It?
1:30p- Bingo
2:30p- Current Events
3:15p- Torah Study
5:30p- Past Time Phrases

22
BEAUTY SHOP
10a- Kickball Exercise
10:30a- Penguins/ Dog Visit
2p- Painting with Susan
6p- Family Fun Night Bingo

23
BEAUTY SHOP
10a – Exercise
10:30a – A-Z Game
1p- Things Jewish
3p- Music with Tommy Chris
3:15p- Nature Video

24
10a- Exercise
10:30a- What Activities?
2p- Travelogue
4p- Religious Services
6p- Movie

25
9:30a- Services
10:30a- Kiddish
1:30p- Cooking with Martha
2:30p- My Favorite Song
6p- Movie
Chinese New Year

26
10a- Exercise
10:30a- Over/Under Game
2p- Music with Gerald Harris
6p- Movie

27
10a- Exercise
10:30a- Snow Days
1:30p- Catholic Services
2p- Chinese New Year
3p- Christian Bible Study
Australia Day (observed)

28
10a- Exercise
10:30a- Dusterball Game
1:30p- Bingo
2:30p- Current Events
3:15p- Torah Study
5:30p- Come Dance With Me

29
BEAUTY SHOP
10a- Kickball Exercise
10:30a- Special Art Project
2p- Rodeo
3:15p- Sentimental Reflections
5:30p- Reminiscence

30
BEAUTY SHOP
10a – Exercise
10:30a –Timeless Trivia
1p- Things Jewish
3p- Music with Doug James
3:15p- Our National Parks

31
10a- Exercise
10:30a- Winter Wonders
2p- Happy Hour
4p- Religious Services
6p- Movie

Activity visits are conducted 5 days per week for residents who are unable or prefer not to attend formal groups.

ALL ACTIVITIES ARE SUBJECT TO CHANGE.