



JEWISH FAMILY SERVICES CLINICAL SERVICES

517 Gypsy Lane, Youngstown, OH 44504

330.746.7929 | jewishyoungstown.org

Jewish Family Services is an agency of the Youngstown Area Jewish Federation.



Jewish Family Services was created by the Youngstown Area Jewish Federation to meet the social service needs of the community. Every person is treated with respect, confidentiality, and careful attention. Each year, hundreds of clients benefit from our diverse programs and services.



Counseling*

At JFS, licensed and experienced professionals provide in-office or in-home therapy for individuals, groups, children, and families.

We help deal with a range of problems including:

Trauma

Adjustment Issues

Anxiety and Depression

Stress

Divorce and Separation

Problems of Aging

School-Related Issues

Child and Adolescent Problems

Relationship Problems

Loss of Loved Ones

Marital and Family Issues

Drug and Alcohol Problems

Developmental Disabilities

Chronic Mental Illness



Services Offered

EMDR**

Talk Therapy

Mindfulness Meditation

Group Therapy

School Assessment

**Eye Movement Desensitization and Reprocessing, or EMDR, is a form of therapy that helps people heal from trauma by allowing the brain to process difficult memories and resolving the flight, fight, or freeze response from the inciting event.

***In-home counseling services are available.**

Insurance (Including PASSPORT) or sliding scale private pay is available. For more information visit jewishyoungstown.org or call 330.746.7929.



Aging Well provides older adults, family members, and friends with resources and guidance on topics related to aging. Aging Well is a collaboration between Jewish Family Services, Jewish Community Center of Youngstown, and the Youngstown Area Jewish Federation.

Programs and Services Include

Clinical Groups such as:

Mindfulness Meditation

Grief Support

Family Caregiver Support

Social and Educational Groups

Advocacy

Monthly Movie Screenings

Free Wellness Lunch & Learns

Volunteer Opportunities



Other groups and services are available. For more information contact Shay Kahani-Erez at 330.746.7929 ext. 199 or serez@jewishyoungstown.org.

In-home outreach services are available for older adults age 60+ in the Youngstown area through a partnership with the Mahoning County Mental Health & Recovery Board.

Insurance (Including PASSPORT) or sliding scale private pay is available. For more information visit jewishyoungstown.org or call 330.746.7929.

At Jewish Family Services, everyone is welcome. We provide services to everyone from all walks of life regardless of age, religious affiliation, or gender.

Group Home

Iron and String Life Enhancement (ISLE) and JFS partner to operate a staffed group home for individuals with developmental disabilities. The home is for individuals who are both independent and require some assistance in other day to day activities.

Our Gang

JFS provides opportunities for individuals with various disabilities to join together for recreational and social activities. The group meets monthly where they have the opportunity to choose activities. Fees for activities are significantly reduced by donations to this program.

Adult Protective Services

Our staff helps individuals and families by providing case management, guardianship, advocacy, and care monitoring to ensure that people who are unable to provide proper care and protection for themselves are safe.

Service Coordinator

A licensed JFS staff member is stationed at Heritage Apartments in Youngstown (for disabled individuals age 62 or older) for up to 20 hours per week in order to assist tenants with education, identifying community resources, and facilitating group activities.

Home Meal Delivery

JFS is supported by United Way in order to provide Kosher meals to people in our community who are in need of nutritiously prepared foods.