



FEBRUARY MENU

- 1.) Fish Nuggets**
- 2.) Grilled Chicken Breast**
- 3.) French Toast Sticks**
- 4.) Shredded BBQ Chicken**
- 5.) Lemon-Garlic Chicken Pasta**
- 6.) Goulash**
- 7.) Salisbury**
- 8.) Veggie Lasagna**
- 9.) Beef Stir Fry**
- 10.) Broccoli Mac**

Menu items are subject to change based on availability. All meals come with mixed vegetables and additional side, unless otherwise indicated. For special dietary requests please call 330.884.6386.

JMeals is a collaboration between Jewish Family & Community Services and the Jewish Community Center of Youngstown, agencies of the Youngstown Area Jewish Federation.
For more information visit jewishyoungstown.org/jmeals.