

JMEALS



NOVEMBER MENU

WEEK ONE

Meatloaf
Lemon Chicken Breast
Baked Penne
Smoked Chicken Wings
Stuffed Pepper Casserole

WEEK TWO

Meatloaf
Lemon Chicken Breast
Ravioli with Red Sauce
Southwest Shredded Chicken
Veggie Chili

WEEK THREE

Hamburger Sliders
Turkey and Stuffing
Ravioli with Red Sauce
Smoked Chicken Wings
Veggie Chili

WEEK FOUR

Hamburger Sliders
Turkey and Stuffing
Baked Penne
Southwest Shredded Chicken
Stuffed Pepper Casserole

Subject to change. All meals come with mixed vegetables and an additional side unless otherwise indicated. For special dietary requests please call 330.884.6386.

JMeals is a collaboration between Jewish Family & Community Services and the Jewish Community Center of Youngstown, agencies of the Youngstown Area Jewish Federation.

For more information visit jewishyoungstown.org/jmeals.