JMEALS NOVEMBER MENU

1.) Turkey & Gravy
2.) Chicken Francaise
3.) Cavatelli
4.) Meatloaf
5.) Stuffed Cabbage Casserole
6.) Broccoli Mac
7.) Chicken Fajita
8.) Goulash
9.) Veggie Eggbites
10.) Salmon Patty

Menu items are subject to change based on availability. All meals come with mixed vegetables and additional side, unless otherwise indicated. For special dietary requests please call 330.884.6386.

JMeals is a collaboration between Jewish Family & Community Services and the Jewish Community Center of Youngstown, agencies of the Youngstown Area Jewish Federation.
For more information visit jewishyoungstown.org/jmeals.

Name	Phone	Current Delivery Day

Please choose no more than two of the same meal per week.

MEAL	QUANTITY FOR WEEK OF NOV 2ND	QUANTITY FOR WEEK OF NOV 9TH	QUANTITY FOR WEEK OF NOV 16TH	QUANTITY FOR WEEK OF NOV 23RD
TURKEY & GRAVY				
CHICKEN FRANCAISE				
CAVATELLI				
MEATLOAF				
STUFFED CABBAGE CASSEROLE				
BROCCOLI MAC				
CHICKEN FAJITA				
GOULASH				
VEGGIE EGGBITES				
SALMON PATTY				
WEEK TOTAL:				

Return your order for the entire month in the enclosed, self-addressed and stamped envelope, or call Jewish Family & Community Services at 330.884.6386 to place your order.